



REGISTRATION FORM

Saturday
May 13th @ 8AM
RUSSELLVILLE

for Ladies Only!

REGISTRATION

All entrants must pre-register for the race no later than noon, Friday, May 12, 2023. The cost of registration is as follows:

EVENT	BY MAY 6, 2023	BY MAY 12, 2023
Chocolate & Diamonds 5k ~ Individual	\$35	\$45

Registration may be completed manually on this form and returned along with a check made payable to "RussVegas Foot Races Foundation." Mail your entry to P.O. Box 1846, Russellville, AR, 72811. All entries must be in hand of the Chocolate & Diamonds 5K no later than noon, Friday, May 12, 2023. Postmarked dates are not considered valid for purposes of registration.

Name: _____ Birthdate: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____ Phone: _____

Emergency Contact (name): _____ (phone): _____

I am participating in the race as a: Runner (runners are also allowed to walk) Walker (Walkers are not allowed to run or they can be disqualified.)

Are you a participant in the Runnersville Ladies Training Camp? Yes | No Are you a coach in the Runnersville Ladies Training Camp? Yes | No

Please indicate your size for the dri-fit, short-sleeve race shirt, if available.

Youth Size: M L XL
Ladies Size: XS S M L XL 2XL 3XL 4XL
Unisex Size: XS S M L XL 2XL 3XL 4XL

CHOCOLATE & DIAMONDS 5K

ACCIDENT WAIVER AND RELEASE OF LIABILITY

In consideration of your acceptance of this entry, I, the entrant, have submitted this entry, intending to be legally bound for myself, my heirs, executors, administrators and assigns, and I do hereby waive and release all rights and claims for damages that I and my heirs, executors, administrators and assigns may have against the RussVegas Foot Races Foundation and its affiliates; the City of Russellville; Russellville Parks & Recreation, all official sponsors, and the respective affiliates, subsidiaries, directors, officers, employees, agents and volunteers of all of the foregoing, and their respective heirs, executors, administrators, successors and assigns, for any and all injuries, physical or otherwise, suffered by me in the Chocolate & Diamonds 5K, as well as any pre and/or post-race activities associated with the event.

I acknowledge that this event may involve a test of a person's physical and mental limits and may carry with it the potential for death, serious injury, and property loss. The risks may include, but are not limited to, those caused by facilities, temperature, weather, condition of participants, equipment, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to participants, but are also present for volunteers.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this activity or event.

The accident waiver and release of liability shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I attest and verify that I am physically fit and have or will have sufficiently trained for the completion of this event, and that my physical condition has been recently verified by a licensed medical doctor.

I understand that if I am unable to participate in this event, for any reason, the RussVegas Foot Races Foundation will not issue any refunds.

I agree to abide by all rules governing the event for which I am registering. I will not permit my registration to be used by another person and I acknowledge that a violation of this rule will subject both myself and the user of my registration to a two-year ban from all RussVegas Foot Races Foundation events. I understand that the event occurs on the streets of Russellville and North Russellville only during specified times and I agree to limit my participation in the event to those specified times. I will not run/walk on the streets utilized by the event when such streets are not closed to vehicular traffic. If I am moving slowly, I agree to move aside to allow the faster participants to pass freely. I acknowledge and agree that it is my responsibility to know the race course on race day.

Further, I hereby grant full permission to use photographs, videotapes, motion pictures, and records of me, or any other record of this event, for any legitimate purpose. This entry is invalid unless affirmatively marked by entrant. If entrant is less than 18 years of age, a parent or guardian must affirmatively mark this entry.

I acknowledge that unsportsmanlike conduct is unacceptable and will not be permitted during any RussVegas Foot Races Foundation event, as well as any pre and/or post-race activity, to include communications (written and/or verbal) with race staff and volunteers. "Unsportsmanlike conduct" shall include, but not limited to, failure to heed the instructions of race officials, intentional or flagrant disregard of principles of safety, or abusive language or actions toward any race official, volunteer, participant, or spectator. I understand and agree that should my actions and/or language be considered unsportsmanlike that I may (at the discretion of race officials) be disqualified, have my registration terminated, and be prohibited from participating in future RussVegas Foot Races Foundation events.

The RussVegas Foot Races Foundation Executive Directors reserve the right to reject any entry.

Further, I have read all the race information on the website, which is considered part to the rules of competition. I understand and agree to abide by the rules of competition and failure to do so will result in my disqualification.

I CERTIFY THAT I HAVE READ THIS DOCUMENT, AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL.

Print Participant's Name

Age

Signature (if under 18 years old, parent or guardian must also sign)

Date

PARENT / GUARDIAN WAIVER FOR MINORS (Under 18 years old)

The undersigned parent and natural guardian does hereby represent that he/she is, in fact, acting in such capacity, has consented to his/her child or ward's participation in the activity or event, and has agreed individually and on behalf of the child or ward, to the terms of the accident waiver and release of liability set forth above. The undersigned parent or guardian further agrees to hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim, or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian

Print Participant's Name

Age

Signature of Parent or Guardian

Date